



RVS COLLEGE OF ENGINEERING

RVS NAGAR, KARUR ROAD, DINDIGUL - 624005, TAMIL NADU.

(Affiliated to Anna University, Chennai & Approved by AICTE, New Delhi.)

Accredited by NAAC with "B+" Grade

Phone : 04551 - 227229, Website : www.rvseng.ac.in Email : rvsct.dgl@rvsgroup.com



INTERNAL COMMITTEE (IC)

Internal Complaint Committee sensitizes the female faculty members and students on the prevention and prohibition of sexual harassment of women and any other issues in the workplace.

OBJECTIVES

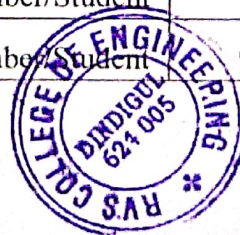
- To promote awareness about sexual harassment through educational initiatives that encourage and foster a dignified and safe environment for women on campus.
- To provide information regarding counseling and support services on the campus.
- To ensure fair and timely resolution of complaints about sexual harassment without revealing the identity of the affected.

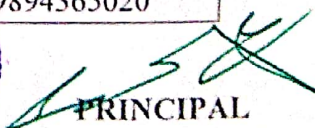
PROCEDURE

- Any complaint of harassment arising by the affected individual or identified by student/faculty or any other individual must be reported immediately to the committee.
- The committee has to immediately enquire and submits a confidential report to the authorities of the college.
- According to the severity, the authority must take action and if the harassment is more critical even legal action is to be imposed on the offender.

MEMBERS

S.NO.	FACULTY NAME	DESIGNATION	MOBILE NUMBER
1	Dr. S. Francis Antony Selvi, ASP/EEE	Chair Person	9894410576
2	Dr. T. Kavitha, ASP/Maths	Member	9789631142
3.	Mrs. A.Gomathi , AP/CSE	Member	9629509744
4.	Ms. A.Kasthoori, II EEE	Member/Student	9952403516
5.	Ms. V.Kalidevi, II ECE	Member/Student	9789592489
6.	Ms.D.Keerthana, II CSE	Member/Student	9894365020




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REPORT ON ACTIVITIES OF INTERNAL COMMITTEE

The Internal committee annual meeting was conducted at Seminar Hall on 10/09/2025 at 2 PM to discuss the activities regarding this committee.

1. Purpose

The committee convened to review existing health-care provisions for female students and assess the effectiveness of current sexual harassment prevention measures.

2. Attendees

Chairperson: Dr. S. Francis Antony Selvi

Committee Members: Dr. T. Kavitha, Mrs. A. Gomathi (Members-Faculty)

Ms. A. Kasthoori, Ms. V. Kalidevi,

Ms. D. Keerthana (Members-Students)

3. Agenda

1. Welcome and overview of the committee's mandate
2. Presentation on current health-care services for female students
3. Review of sexual harassment policies
4. Open forum – student feedback and concerns

4. Key Discussions

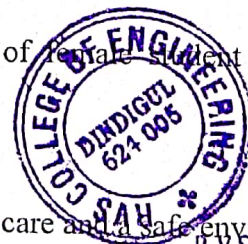
Topic	Summary of Points
Health care services	Routine health camps and checkups are available Mental health counseling will be done by College counsellor
Sexual Harassment Prevention	Any complaint of Sexual Harassment, if received by the any mentor shall be forwarded to the Committee for immediate action. Committee chair person advised the students that Precautions are needed while using the digital platforms. Recent semester no reported cases in IC committee
Student Feedback	Students expressed a desire for gender specific wellness program (e.g health, stress management)

5. Recommendations

1. Introduce Wellness Workshops – Topics to include health, nutrition, and stress management, tailored for female students.
2. Establish a Peer-Support Network – Train a cohort of female student volunteers to provide informal guidance and referrals.

6. Conclusion

The committee agreed that existing services provide health care and a safe environment for female students. The outlined recommendations will guide the forthcoming initiatives.



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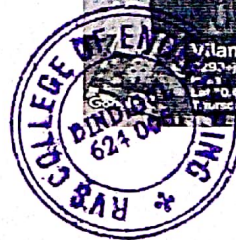
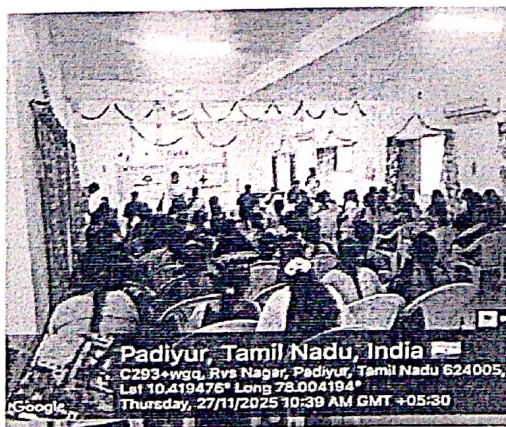


PROGRAM ON FEMALE HEALTH AND HYGIENCE

Dr. Ambika, Medical Officer at Primary Health Center, Vadamadurai, recently addressed female students on 27.11.2025 about female hygiene and health. She highlighted the importance of maintaining personal hygiene and also spoke about the issues of child marriage and early child pregnancy.

Some key points discussed by Dr. Ambika likely include:

- Female students' health and hygiene are crucial aspects that require attention and care. In India, several initiatives have been taken to promote menstrual hygiene and health among adolescent girls.
- Adequate nutrition is essential for female students' overall health, well-being, and academic performance. In India, many adolescent girls face nutritional deficiencies, particularly iron and folic acid deficiencies, which can lead to anemia and other health issues. She recommended a balanced diet that includes plenty of fruits, vegetables, whole grains, and lean proteins including iron-rich foods, such as spinach, beans, and fortified cereals. She insisted to drink plenty of water throughout the day.
- She further discussed the importance of education for girls and the various Health risks associated with child marriage. She pointed out the legal frame work of Prohibition of Child Marriage Act, 2006. She called the need for awareness and collective action.



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